



Track & Field

Name _____

Date _____

Period _____



SKELETON OUTLINE



EVENTS:



Earhart Track Events	Earhart Field Events
1.	1.
2.	2.
3.	3.
4.	4.
5.	
6.	



1. Earhart track events are arranged into three different categories. They are _____ races, _____ races, and _____ races.
2. When running a sprinting race the athlete will use an apparatus called a _____ to start the race.
3. Taking off before the start will result in a _____ and the runner is disqualified.
4. All relay races are run with _____ runners per team.
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 -
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5. After each runner completes their leg of the race they will pass an apparatus called a _____ to their teammate.
6. Each athlete in a field event gets _____ attempts to achieve their best score. (High Jump athletes get three attempts per height).
7. When putting a shot the athlete may not go beyond the _____.

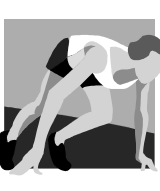
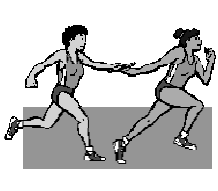
EVENT SKILLS:

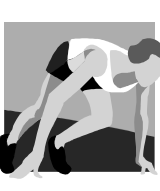

High Jump		1	2	3	Tot		
1							
2							
3							
4							
5							

Long Jump		1	2	3	Tot		
1							
2							
3							
4							
5							

Shot Put		1	2	3	Tot		
1							
2							
3							
4							
5							

Discus		1	2	3	Tot		
1							
2							
3							
4							
5							

Distance Running Events		1	2	3	Tot		
1							
2							
3							
4							
5							

Sprinting Events		1	2	3	Tot		
1							
2							
3							
4							
5							